

HEALTHIER, FITTER, FASTER



Aussie Aths is athletics, but not as you know it.

Aussie Aths is a health and fitness program for Aussie kids aged 5 - 13 years based on athletics. It's about learning to go faster, higher, further in a fun environment that Aussie kids of all abilities will enjoy.

It's not standing in a line, it's not lining up for a race. Think of it like swimming lessons, but for running.

Aussie Aths is great fun and will help Aussie kids be more athletic in everyday life and in whatever sport they love.

**UP AND
RUNNING ON
THE GOLD COAST
ENROL NOW**

AWESOME

E: HELLO@AUSSIEATHS.COM.AU



www.aussieaths.com.au