



SEPTEMBER 2016 Holiday Program

Week 1 Workshops:

Tumble Workshops with National tumble coach Matt Walker (and special use of Airtrack) Open to all club Members + non-members WEDNESDAY 21ST SEPTEMBER 9.00-10.00am Beginner (7-10yo) \$15.00 10.00-12.00pm Intermediate-Advanced (11yo + & Level 3+ Gymnasts) \$25.00	Circus Workshop Face painting, tumble/acro class and group performance for parents at the end. BYO morning tea MONDAY 19TH SEPTEMBER 9.00-12.00pm \$25.00
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Please book workshops via e-mail (moveitgym@gmail.com) & make payment by **SATURDAY 17th September**

Week 2 Class Timetable:

Time	Thurs 29 th Sep	Fri 30 th Sep
8.00-9.00am	Privates available	
9.00-10.00am	Tumble Class	Tumble Class
9.00-10.00am	Jr Gymnastics Class	Jr Gymnastics Class
10.15- 12.15pm	Sr Gymnastics Class	Sr Gymnastics Class
10.15-11.45am	Team Gym	Team Gym
12.15-1.15pm	Sewing n Craft	Sewing n Craft
9.00-12.00pm	½ Day Gym Camp	½ Day Gym Camp

Week 2 Class Information:

Tumble workshops - Work on your goal skills and try new skills – Great for cheerleaders, dancers and anyone who wants to learn or improve their current tumbling (Welcomes Mini and Teen Tumble, non-members & gymnasts aged 5+) \$15.00 each 1 hr class	
Jr Gymnastics classes - Learn to swing, fly and cartwheel on the gymnastics apparatus including beams, bars, and rings (Welcomes Mini Movers, Gym Prep & non-members aged 4-6yo) \$15.00 each 1 hr class	
Sr Holiday Gymnastics classes - Learn to swing, fly and cartwheel on the gymnastics apparatus including beams, bars, and rings (Welcomes Jr Boys, Emerald, Burgundy, non-members aged 7-11yo) \$20.00 each 1 hr class	
Team Gym – Learn a team floor routine with acro balances, tumblers and synchronised mini trampoline (Welcomes team gymers, purple and non-members aged 5+) \$17.50 each 1.5hr class	
Gym ½ Day Camp:	Includes x1 gymnastics class, Games and races on soft gymnastics matting & arts-n-craft, (BYO morning tea) \$25.00 per day
Sewing and Craft workshop: Make your own gym drawstring bag and hair bow to keep \$10.00 per workshop	

Please book classes via e-mail (moveitgym@gmail.com) by **THURSDAY 22nd September**

Payment must accompany your booking and can be made via

(EFT: BSB 484799 Acc#053202844 or EFTPOS)

Minimum booking for each class to go ahead is 3