

What is UC Physio?

UC Physio offer physiotherapy services of a musculoskeletal nature, neurological rehabilitation, pre and post operative rehabilitation and physiotherapy for respiratory conditions. We are able to offer a range of exercise programs that improve and maintain physical strength and function.

AND

In addition to this aspect of physiotherapy we are privileged to have a physiotherapist who has many years of experience in wheelchair prescription, and filling out MASS and CAEATI applications.



Where is UC Physio?

UC Physio

Level 1

**21 Coomera Grand Drive
Upper Coomera QLD 4209**

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Upper Coomera QLD 4209

Phone: 55 618 111

Fax: 55 618 344

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*We are opposite the trade entrance to
Masters in the Coomera Grand Complex*



UC Physio

Now Open



*“We have the whole
family covered”*

General Physiotherapy

- Musculoskeletal problems
 - Spine (Back/Neck)
 - Shoulders
 - Poor posture
- Sport Injuries
- Pre & Post Operative Rehab
- Respiratory

Clinical Pilates

Clinical Pilates is an excellent way to manage poor posture and ongoing chronic problems. It is especially effective in the hypermobile and post operative populations.



Osteoporosis

Our Vibrodisc compliments a general exercise program to assist in the management of osteoporosis.



Kids Physiotherapy

Babies and children often require specialised assessment and treatment that can't be effectively assessed unless the clinic is specially set up to look at these i.e. developmental delay, movement disorders and neuromuscular conditions. We do Alberta Infant Motor Scale, Peabody Developmental Motor Scales, BOT 2 and TGMD 2 assessments.

MASS & CAEATI

Our physiotherapist Naomi has years of experience with prescription of mobility aides and has presented on behalf of MASS/CAEATI. She is able to assist in equipment trials. Each individual has different needs and requirements so the cost of these will depend on how much time is required to successfully complete the application.

Aquatic Physiotherapy

Aquatic physiotherapy programs can be used for joint pain, gait re-education, strengthening, postural control, fitness and balance. It is suitable for many conditions including muscular dystrophy, arthritis, chronic pain conditions, rehabilitation post injury and post surgery.